

# SHANTHIproject

## Annual Report 2018-2019

**January 1, 2018 - June 30, 2019**

### THANK YOU!

We're so grateful for the continued generosity of our many supporters, including individuals, corporations and foundations. We're excited to have you all on board as we continue to expand our reach throughout the Lehigh Valley and beyond, and work to build stronger families and more compassionate communities through trauma-informed mindfulness and yoga.

*Maureen Wendling, Executive Director*

#### COMMUNITY PARTNERS

- Any Given Child Bethlehem
- Big Brothers Big Sisters of the Lehigh Valley
- Boys and Girls Club of Easton
- Communities In Schools
- Community Services for Children
- Muhlenberg College
- Third Street Alliance for Women and Children
- ResilientLV

#### SCHOOL DISTRICTS

- Allentown
- Bethlehem Area
- Easton Area
- Lopatcong Township
- Phillipsburg
- Pocono Mountain

### FINANCES

*January 1, 2018 ~ December 31, 2018*

**Total Revenue & Support: \$78,116**

Grants & Contributions: \$44,901

Program Services: \$33,215

**Total Expenses: \$51,507**

Program Services: \$45,473

Administration: \$6,034

*January 1, 2019 ~ June 30, 2019*

**Total Revenue & Support: \$76,529**

Grants & Contributions: \$36,857

Program Services: \$39,672

**Total Expenses: \$87,412**

Program Services: \$56,542

Salary & Administration: \$30,870

## HIGHLIGHTS

- We continued our work to heal adults who have experienced trauma, including those in treatment at **Clean Slate Recovery Center** and those incarcerated at **Northampton County Prison**.
- We trained dozens of guidance counselors, classroom teachers, and yoga and mindfulness instructors in trauma-informed practices.
- We received the 2019 Non-Profit Excellence Award from the **Easton Area Chamber of Commerce**.
- We were one of 35 nonprofits to receive a grant from **Phillies Charities** in November 2019.



*"For the first time, they're making the connection between their feelings and their behavior... It's a game changer." ~ Gena Holmes, Community Schools Coordinator, Lincoln Elementary*

## SPECIAL THANKS TO:

- 21st Century Program
- Air Products and Chemicals, Inc.
- Pennsylvania Coalition on Crime and Delinquency
- St Luke's University Hospital
- Two Rivers Health and Wellness Foundation
- United Way of the Greater Lehigh Valley
- Women United of the Lehigh Valley

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